

Bloomington Youth Basketball

9-10 Year Olds

Playing Rules

Rule Modifications

- Games consist of four seven-minute quarters.
- Clock will run except during time-outs, free throw, substitutions and injuries. The clock will stop for all whistled violations during the last minute of each quarter.
- Mandatory Playing Rule.
- Teams limited to two full time-outs per game.
- Modified Slow Break rules.
- Teams must play man to man defense.
- 5- second lane violations will be called.
- Teams may not double team, except in a help defense situation. Officials' discrepancy as to when to call double teaming.
- Teams will receive two warnings for ball handling violations for the first three games. Teams will receive one warning for the remainder of the season. After the required warnings possession will change on violations.
- Score is kept; however there will never be larger than a twelve-point discrepancy on the score board.
- In the event of overtime: The first overtime will be two minutes; the second overtime will be sudden death, first team to score.

Facility/ Equipment Modifications

- Women's size ball is used (28.5" circumference)
- Basket height is 10 feet.

Sportsmanship

Standards

- A. An important goal of this league is to teach the participants respect for other players, coaches, officials, and fans by encouraging good sportsmanship. Poor sportsmanship by any participant will not be tolerated, and will be dealt with immediately.
- B. It is a State Law that no person may physically bump, or threaten an official.
- C. There is a "No Tolerance" rule for fighting for players, coaches, fans and officials.

Penalties

- A. Coaches or players who are ejected from a game for unsportsmanlike conduct will be automatically suspended from the team's next game. A second ejection for unsportsmanlike conduct will result in the coach or player being automatically suspended from participating for the remainder of the season.

- B. Coaches receiving a technical foul for unsportsmanlike conduct will receive a “Letter of Reprimand”. A second technical foul at any point in time during the remainder of the season for unsportsmanlike conduct will result in the coach being suspended for his/her team’s next game. An accumulation of technical fouls for unsportsmanlike conduct at any time will result in the coach being suspended for the remainder of the season.
- C. Officials from the league may remove any participant or spectator from a gym during a game or practice for actions that are in violation of accepted standards of conduct in a youth sports environment.
- D. The Bloomington Youth Basketball League reserves the right to enforce stronger penalties if the situation so merits.

Playing Rule

All participants are required to play at least two full quarters during the game. No player should play all four quarters, unless seven or less players are in attendance. Coaches are encouraged to rotate starting lineups and limit the amount of substitutions during quarters.